

VISIT YOUR

Registered Massage Therapist

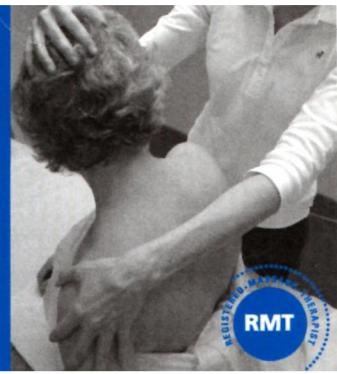
Smart, Safe and Effective Health Care



Drug-free Therapy and Rehabilitation

A great source for active therapy

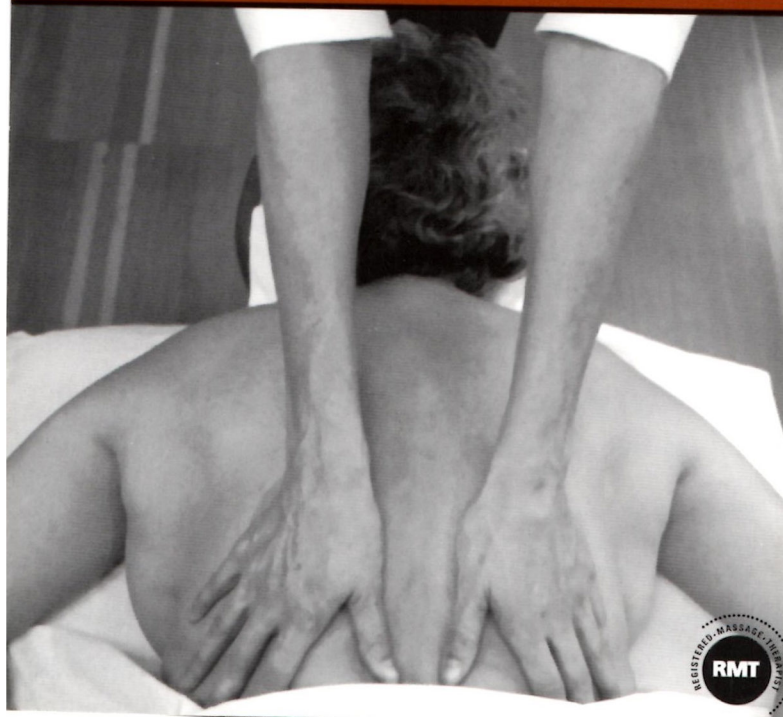
Visit massagetherapy.bc.ca or call 1.888.413.4467



Whiplash



Low Back Pain



Stress Release



Headaches



What does a Registered Massage Therapist (RMT) do?

- RMTs are trained to evaluate individual health needs, and provide active and passive techniques for complete patient care.

BC's Registered Massage Therapists:

- have 3 years of training, the highest standards in North America
- have mandatory continuing education and upgrading
- are linking research to practice, including providing evidence-based patient education and remedial exercise

RMTs and Research

- Increasingly, scientific research supports the use of massage therapy as an effective approach in pain and injury management, rehabilitation and prevention
- Research shows that massage therapy is effective in reducing pain, anxiety and stress. Massage therapy will also improve muscle strength, joint movement and a patient's sleep and quality of life

Professional College

In BC, RMTs must complete a 3-year specialized program at an accredited college. The government-approved curriculum requires rigorous study and a thorough understanding of pathology, neurology, anatomy, remedial exercise, kinesiology, physiology and clinical sciences. All RMTs must complete the BC registration exams set by the College of Massage Therapists of BC (CMTBC), and must continue with post-graduate studies to maintain registration. RMTs honour a strict code of ethics set by the CMTBC, which ensures that patients receive safe, competent, and ethical care.

Coverage

RMTs are primary contact health care providers. Referrals are not required for Medical Services Plan (MSP) coverage. MSP covers massage therapy for patients who qualify for premium assistance. You may also have coverage through your extended health care plan. For injuries or conditions referred by a physician, ICBC, WorkSafeBC (WCB), the RCMP and others may also provide coverage.

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